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01 ON MY WAY

Lyrics by RES & Jill Cunnith of Pop Rox / Produced by Pop Rox

"I had the best time working with Jill and the fellas of Pop Rox!"

Why do I try to compete / With the images / On tv or on the radio / I'm not that tall / And I can't do it all / And I can't get that high / Even if I tried / Cause that ain't me / Even if I wanted to be / Now will you stay / If I choose to live and never forgive / Anyone who acts crazy or deranged / Yeah well I'm insane / I know it hard for us / To see the other way / And I know it's hard to go beyond that day / So move on and throw your hands up and say... / If I fall / If I stall / And if I crawl cause I wanna go / It's ok / I'm on my way / So just / Love the life you live / Live the life you love / No matter what they say / Cause baby it's ok / I'm on my way / Reach for my own sky / Push hard and fly / Pull from the inside / Don't dig the negative / Cause I like to live / And will you choose to consume / Will you do what they do / Will you swallow the news and believe that it's true / It gets in your mind / It could make you blind / I know it's hard for you / To see the other way / And I know its hard to think beyond that day / So move on and throw your hands up and say / If I fall / If I stall / And if I crawl cause I wanna go / It's ok / I'm on my way / So just / Love the life you live / Live the life you love / No matter what they say / Cause baby it's ok / I'm on my way / And if I should fall / If I should stall / Cause I wanna go / It's ok / Cause I'm on my way / All the things you want in life are coming / So careful what you wish for / Why you running / If I fall / If I stall / And if I crawl cause I wanna go / It's ok / I'm on my way / So just / Love the life you live / Live the life you love / No matter what they say / Cause baby it's ok / I'm on my way

02 LEAVE HERE TOMORROW

Lyrics by RES & Mutlu / Produced by Colin Wolfe & Mutlu

"Thank you Mutlu for inspiring me to write verses to your brilliant chorus!"

Ever since the day we met / I always knew you were holding something back / I didn't know what you held on to / Was too busy loving you / And people warned me about your ways / And told me / To stay far away, far away / But on your knees / You agreed / To go get help for you me and your seeds / But who am I to believe / If I leave here tomorrow / Please don't ask why / There was nothing but sorrow / Why even try / I'm just too embarrassed to say / It's all my fault, easier to just walk away / Than face my fears and be a man / Cause no one will understand / And no one can understand / As vulnerable and lonely as I am / As I am / I worked so hard to build this wall / And with one blow / I foresee the fall / Gotta protect my heart at all cost / If I leave here tomorrow / Please don't ask why / There was nothing but sorrow / Why even try / Please understand / There was nothing but sorrow / It wasn't how



03

BY MYSELF

Lyrics by RES & Khalilil / Produced by Khalilil for Monster Truck Audio

"I wrote this song on a solo trip to Hawaii for 20 days. I was trying to rid myself from an old love and Hawaii did the trick. I will never forget pulling off the side of the road when writing this. Thanks for the great chorus Khalilil!"

I'm driving down this lonely road / And I know you been here once before / And I can't seem to contain it / My heart is pounding the pavement / And my friends think that I'm strong / But they don't know what's going on / I bring everyone down around me / I guess I'm better off alone / Woke up this morning / And I was by myself / But that's alright cause / I'm used to being by myself / Blah blah blah blah / Blah blah by myself / I tell you one thing / I'm better off by myself / Now that I've learned to let him go / Cause some things are better left alone / So please, won't you keep all those favors / Cause I can't be bothered no more / Lets end the chapter / Lets shut the door / I'm sick of your fucked up behavior / Everything you thought you had / You lost a long time ago / But you're so wrapped up in yourself / There's no way you could know / And if you ever try to walk thru that door / I'm gonna stop your stroll / Cause I don't want you no more / Woke up this morning / And I was by myself / But that's alright cause / I'm used to being by myself / Blah blah blah blah / Blah blah by myself / I tell you one thing / I'm better off by myself / I keep telling myself / I keep saying (You're better off by yourself) / I keep telling myself / I keep praying (Better off by yourself) / And I tried to please you / And I tried to be your babe / Though they said you were crazy / Woke up this morning / And I was by myself / But that's alright cause / I'm used to being by myself / Blah blah blah blah / Blah blah by myself / I tell you one thing / I'm better off by myself

04

BITTERSWEET

Lyrics by RES / Produced by Colin Wolfe

"In every relationship I have, I try to be the person I want to be in the future, hoping all the good, will stick. I love this song because of the outro verse. At the end of the day we try to make all these excuses for things, when it comes down to the fact that you simply just love the asshole!"

I can look in your eyes / And see we're ok now / I can look at your smile / Cause we're still friends / I wanted to be there for you always / Guess the hand that was dealt / Made us shine like gold / I know it's hard to be / Everything you need to be / You gotta break down the walls and try a little harder / I know it's hard to be everything you wanna be / You gotta break down the walls and try to conquer it all / Bittersweet lemon treat / You are / Do you ever think of all the things that I taught you / Or wondered if I could've given any more / I'm willing to try again / If you let me / So why talk to me like I left you in the cold / I know it's hard to be / Everything you need to be / You gotta break down the walls and try to a little harder / I know it's hard to be everything you wanna be / You gotta break down the walls and try to conquer it all / Bittersweet lemon treat / You are / I know it's hard to be / Everything you want to be / You gotta break down the walls and try to a little harder / I know it's hard to be everything you need to be / You gotta break down the walls and try to conquer it all / Bittersweet lemon treat / You are / See I don't know / What to say / So I'm careful / Not to be in the way / Cause I don't know / If this feels right / So I'm watching / And I'm patiently waiting / I won't try / To love you / Though it feels right / No I can't stop the feeling / When I / See you / I don't know what / To say anymore / I still love you





05

THERE'S NO WAY

Lyrics by RES / Produced by Colin Wolfe

"This song is simply a day in my life. Everything is too be taken literally. I wrote this in my living room in my Santa Monica apartment looking out to the ocean view. Thanks Geffen! I believe this is the best song I ever wrote lyrically."

264 dollars is all my name will trace / Just take your time / And you'll understand / Why I'm frozen in place / An ocean view without a soul to call / Fancy clothes that turn me into a star / I'm like a poor boy driving in a stolen car / And sometimes my anger / Comes from unfulfilled desire / And sometimes I'm the victim / And confusion makes me a liar / And I'll say it once, but I / Gotta cut to the chase / Never let a dull moment go to waste / There is no way / There is no way / I'm goin back home / But you said that you could change my mind / 365 days a year / Will I make the cut / Or will I just simply disappear / But my daddy always said / Baby girl / You gotta play to win / And know I ain't looking back unless I got something to give / And with all this freedom / Comes the hardest lesson / That the day will come when you will be without protection / And now philosophy's a burden / And my mind is quickly turning / And sometimes I feel just like I'm the only one / There is no way / There is no way / I'm goin back home / But you said that you could change my mind / Cause it gotta be love that's surrounding me / And it's gotta be free / Cause I ain't got too much to give / What you see / Just may be / A diamond in the dirt / And I can be / What you need / You just wait and see

06

FOR WHO YOU ARE

Lyrics by RES / Produced by Wah Wah Watson & RES

"This song was so special to me and at the time and till this day, only one person could bring this to life musically. Wah Wah Watson is that man. He pulled out his L7 and history was made... after an all night session in his shed. We mapped out the song with care, I sang the song laying on my back on the couch with the mic hanging over me, with a click track and 25 layers of his sweet guitars! I will never forget that. Thanks, Wah Wah!!!"

You were my lover / Used to be one of my best friends / Someone I really loved to talked to / When my day was coming to an end / People come and then they go / I know we had to grow apart / I wish you would of told me before / But I never knew things would get so hard / But since it wasn't meant to be / And I'll always love you / For who you are / See I don't blame you for running / I never seen the dark places you been / So please can you tell me something / Like what it'll take to make it ours again / Again... / Darling / Everybody knows that I'm right / But I hate myself for not letting go / For putting up such an emotional fight / It leads to rejection then suppression / Then mistaken conversation / Oh then I'm so tied / I've been so tried / And to make things worse / I put it all inside / People come and then they go / I know we had to grow apart / I wish you would of told me before / But I never knew things would get so hard / But since it wasn't meant to be / And I'll always love you / For who you are / See I don't blame you for running / I never seen the dark places you been / So please can you tell me something / Like what it'll take to make it ours again / Again...



07 ANGRY

Lyrics by RES / Produced by Mark Batson

"This song was written about my changing relationship with my father. I felt I was growing and changing emotionally and at the time I felt like he wasn't aware of it and just saw as the little girl I was. Looking back on things, I realized that parents having to let go, is the hardest thing ever. It forces them into a reality that they don't control any longer, which is the reality and world for their children"

It was on a holiday / And every year went the same / So I phoned you up at work / So we could get our severance pay / But you give me attitude / I have no space to move / Cause I / Never meant for / Your feelings to get in the way / Sometimes you make me so angry / Angry with your mentality / And all those crazy things you say / An apology is what still awaits / But who am I to say / It was on a Saturday / And we were home watching the game / And I'm changing every day / But to you , I just look the same / But you give me attitude / I have no space to move / Cause I / Never meant for / Your feelings to get in the way / Sometimes you make me so angry / Angry with your mentality / And all those crazy things you say / An apology is what still awaits / But who am I to say / Maybe I'm wrong to say the things that I say / Seeing you everyday as I wait / For you to come clean and see things my way / But maybe it's meant for another day / Cause I / Never meant for / Your feelings to get in the way / Sometimes you make me so angry / Angry with your mentality / And all those crazy things you say / An apology is what still awaits / But who am I to say

08 NOT A PRETENDER

Lyrics by RES / Produced by Mark Batson

"This song was an easy write after Mark told me that I speak my songs in the stories I tell, in the life I live. That made me believe that I could write an entire album myself. Before then, I had a fear of writing. He also said to be a great writer you must read a lot!"

I saw him walking in / Black shades on with his friends / I never thought a man could make me feel so feminine / My mind became engaged / Upon this renegade / Next thing I knew I'm with my crew / And we're discussing / Oh should I make a move / Or should I play it cool / But then again / I want a friend / I feel he needs that too / Parts of him Reek with glamour / Media glitz and gold / I'm only calling out to you / I will fall to my knee / Because I'm not a pretender / All caught up in my business / Some people are relentless / I lost my love / Cause I got caught listening to silly bitches / Now with this lesson learned / My man has turned cold / He feels defeated and heated / And no, not loved at all / And as I try to tell him / Oh that I'd never leave him / He says I left him every single time I was deceitful / And I can't argue with that / All I can do is fall back / And pray one day he turns around / I will fall to my knee / Because I'm not a pretender / All caught up in my business / Some people are relentless / I lost my love / Cause I got caught listening to silly bitches / Now with this lesson learned / My man has turned cold / He feels defeated and heated / And no, not loved at all / And as I try to tell him / Oh that I'd never leave him / He says I left him every single time I was deceitful / And I can't argue with that / All I can do is fall back / And pray one day he turns around / Cause I noticed that / You're the only one who barely sleeps / Cause your watching me / And you know I know / You will always see the good in me / And I promise you / You will always be the one / I surrender / I will fall to my knee / Because I'm not a pretender / All caught up in my business / Some people are relentless / I lost my love / Cause I got caught listening to silly bitches / Now with this lesson learned / My man has turned cold / He feels defeated and heated / And no, not loved at all / And as I try to tell him / Oh that I'd never leave him / He says I left him every single time I was deceitful / And I can't argue with that / All I can do is fall back / And pray one day he turns around



09

SO WHAT AM I (SUNDAY NITE RES)

Lyrics by RES / Produced by M.Mckiney

"This song was written to a beat that sounded like a song Blink 182 would sing over. Then I went to the studio and listened to some new tunes that the producer was making for a few artist at the time. When I asked about one of the tunes, I was told oh that's blah blah blah's beat, it's called "Sunday Nite"... I was thinking yeah "Sunday Nite Res" mutha fucka... LOL. Anyway, I started singing my song over it and it was mine, all mine! So I officially jacked a beat and I don't regret it! The title "Sunday Nite Res" just stuck but that has nothing to do with the song... hence the title "So What Am I", which is a random ass title now that I think about it! Oh well... the song is one of my favorites... forget titles and just enjoy it! LOL!!!"

I know this girl she's famous / She seems so lost within herself / She never says she sorry / The blame just falls on someone else / She sees the walls and their falling / She used to be being by herself / She thinks she's got it figured out / And she don't need no one else / So what am I suppose to do / You say that you do / But do you really understand / So if you wanna know who I am / I'd like to show you just hold out your hand / I want the rocks, the rings and the gold / I want it all without losing control / The rocks, the rings, the gold ruby's and pearls / You got a lot of money / You drive those big old fancy cars / You walk into the party / And everyone there knows who you are / Inside you're not happy / No matter how much you make / Your smile just hides the truth / You've only learned how to fake / So what am I suppose to do / You say that you do / But do you really understand / So if you wanna know who I am / I'd like to show you just hold out your hand / Aren't you tired and wasted / Of the life that you're chasing / I am no stranger than you / And everybody knows that / Oh there is no escaping / This games that we're playing / I'm sick of complaining to you / I want the rocks, the rings and the gold / I want it all without losing control / The rocks, the rings, the gold, rubies and pearls / So what am I suppose to do / You say that you do / But do you really understand / So if you wanna know who I am / I'd like to show you just hold out your hand

10

LET YOU GO

Lyrics by RES & Jill Cunnith of Pop Rox / Produced by Pop Rox

"This song is one of those songs I wrote after a tough breakup. It was like my mini anthem to get myself out of the sadness... it would just make me feel better to sing the line "Shit I'm too cute to cry all day, so I decided to let you go!" Sometimes those lil' things help."

I gotta keep it moving / Nobody's stopping me today / And know / Cause I can taste the pressure / I guess that's my fears getting in the way / Don't think a day don't go by / Without me thinking / There's something missing in my life / No matter how far i go / I'll always have what I need to know / Even if I cry all day / I'll be stronger for tommorrow / Shit, I'm too cute to cry all day / So I've decided to let go / But I gotta let you go / I wish it wasn't such a waste of time / But I gotta let you go / I just knew that you were all mine / I've been playing this game for so long / I just wanna know the truth / And I know what your wants and what your needs are / So let's make it 150 proof / If exceed all the limits / Please tell them I'm fragile yet loose / And I know / I know we had this talk a thousand times before / But I'd hate to lose you too / But I gotta let you go / I wish it wasn't such a waste of time / But I gotta let you go / I just knew that you were all mine / You said you loved me / You said you needed me / You said you wanted to hold me and never let go / You said you wanted to marry me / So carry me / Carry me back home / But I gotta let you

Thank you's are a funny thing... it's 11 AM on a Thursday and I'm in Brooklyn... I have procrastinated enough with this... so who do I want to thank for this piece of work? A lot has happened since my debut album. I've travelled the world and that has influenced me, so have my family and friends so thank you world! I wanna thank the people who produced this album, the musicians who played it and all the assistants and random people that sat in on recording sessions and just gave their opinion on things. These songs are songs that are very close to me because they are small parts of my life written to a beat. So thank you to all the players in my life and to all who make life interesting. Also, I wanna thank Christopher Lee Lyons for the beautiful artwork and his time and dedication to this project! Last but not least, thank you to the fans who have stuck by me throughout the years and who deserve this music the most! Also, know that I appreciate all the positive and encouraging words that have come my way and please continue to spread the word about my music... word of mouth is real! Love the life you live and live the life you love... oh and thank you Mom, Daddy, Jermaine and Bbird!

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